



Heart Attack

WARNING SIGNS



85% of heart damage takes place within the first
2 hours of a heart attack



KNOW THE SYMPTOMS &
CALL 9-1-1
IMMEDIATELY

MEN vs. WOMEN

SYMPTOMS THAT COME AND GO AND FINALLY BECOME CONSTANT AND SEVERE:



Shortness of breath



Fatigue



Jaw Pain



Chest pressure,
burning, aching or
tightness



Pain that travels
down one or
both arms



Anxiety



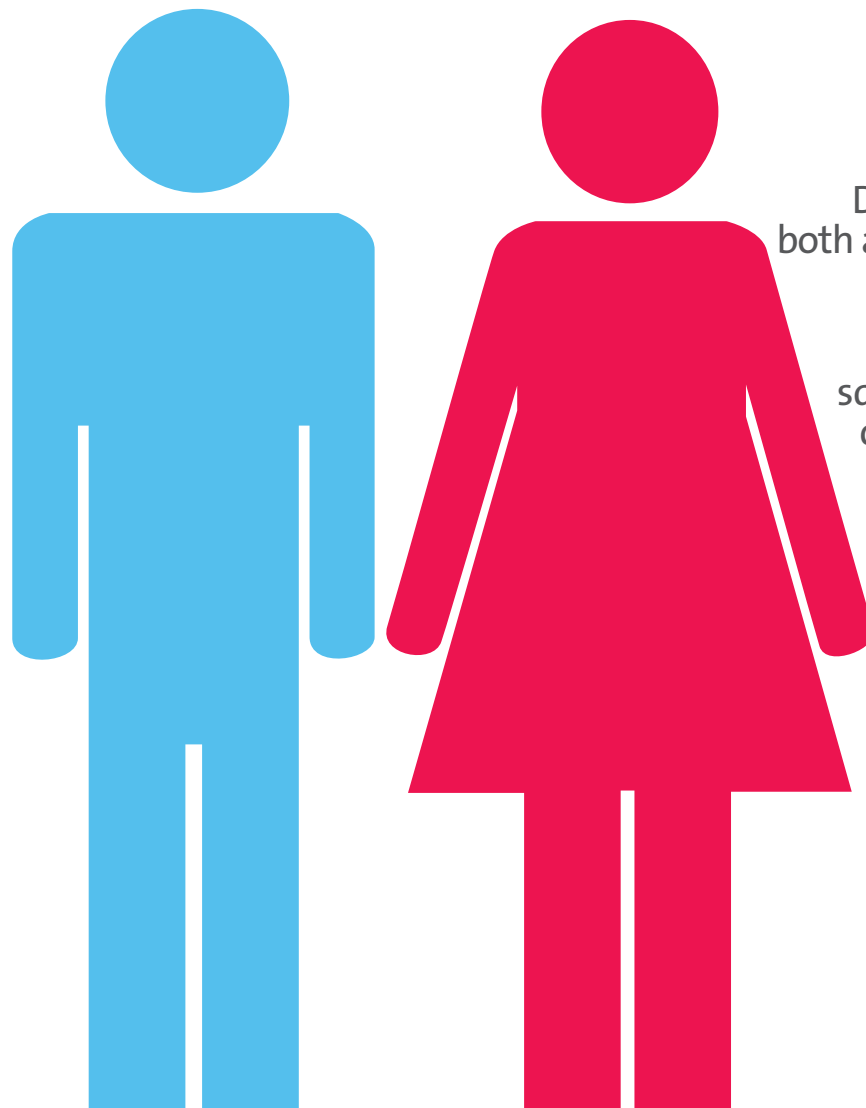
Back Pain



Feeling of Fullness



Nausea



Unusual fatigue



Lightheadedness
and fainting



Discomfort in one or
both arms neck, shoulder,
jaw or stomach



Chest pressure,
squeezing pain in the
center of their chest



Upper abdominal
pressure or
discomfort



Feeling of Fullness



Nausea/Vomiting



Cold Sweat

